

**Third Professional BUMS Degree Supplementary Examinations  
June 2025**

**Ilaj Bit Tadbeer (Regimental Therapy)**

**(Common for 2015 and 2016 Scheme)**

**Time: 3 Hrs**

**Max. Marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Long Essay**

**(2x15=30)**

1. Describe diet (Ghiza) Types importance of it and give detail information on malnutrition (Nuqas e taqzia)
2. Describe Hyper tension (Zaqht-ud-Dum Qawi) Types and detail information

**Short Essay**

**(8x5=40)**

3. What is Inhalation (Laq Laqa). Method of usage in which diseases is it advisable
4. Write about massage (Dalak). Which oil (Roganiyath) used in this and its benefits
5. Describe enema (Huqna). In which condition is it advisable. Before the treatment what are the precautions
6. Health benefits of mental activities and relaxations. Write in Detail
7. Write about Diathermy. Methods and benefits of this
8. Describe bath(Hammam), As well as Turkish bath
9. Uses and benefits of Infra-red therapy (Takmeed Bil Shega Tahtul Ahmar)
10. What is Cauterization (Amal e kai) and Write the usage of it in surgical procedures

**Short Notes**

**(10x3=30)**

11. What is counter irritant (Ailaam) and Write about medical benefits
12. Write about ultra sound therapy
13. Aims of vomiting (Khai)
14. For what Nutool is advisable
15. Preferable time of enema (Huqna)
16. Write the benefits of Sitz Bath (Aabzan)
17. Write about foot Bath (Pashoya)
18. Symptoms of Nuzj
19. Which therapy is advisable in varicose veins (Dawale)
20. What therapy is advisable in Sciatica (Arqunnisa)